



HEALTH DIVISION
DAVID COULTER
OAKLAND COUNTY EXECUTIVE



PRENATAL JOURNEY

Join WIC's prenatal support group!

- Learn what to expect as you prepare for your new baby, including breastfeeding benefits and techniques; bonding tips and feeding baby; nutrition and infant feeding cues; and more!
- Connect virtually with other families and receive support from the comfort of your own home.

Dates & Time

Tuesdays, 5:00 PM

Jul 25 Oct 24
Aug 22 Nov 21
Sep 26 Dec 19

Wednesdays, 8:30 AM

Jul 12 Oct 11
Aug 09 Nov 08
Sep 13 Dec 06

Thursdays, 8:30 AM

Jul 20 Oct 19
Aug 17 Nov 16
Sep 21 Dec 14

To join, visit: bit.ly/3FTSL84
or scan the QR code.



To register, call WIC at 248-858-1272.
Registration not required.

