Certified Teams Responding to Critical Incident Stress Management Needs

Assistance For Stress Reaction From a Traumatic Event or Critical Incident

ROLE OF THE "ON CALL" COORDINATOR

PREPARATION

- 1) Personal Folio
 - OCCRO Forms Found on website see: Forms below
 - Maintain current information

OCCRO MEMBER ROSTER

Callout List - from Glori Macias via email

- Keep printed forms accessible at all times
- Attend board/general meetings as per bylaws to stay updated
- 2) Current On-Call Schedule

Published by Scheduling Coordinator via email attachments..

- 3) Updated Current Contact/Callout List from Glori M. (monthly mass email)
 - Include mutual aid assistance

If necessary, utilize Common Ground and any other groups that we have agreements with.

Rotate "call-out"

Use different members to match the Callout

- 4) Knowledge of Team members
 - REFER TO MEMBER ROSTER
 - Professional disciplines
 - CISM certification status Group, Peer, Grin, etc.
 - o Outside certification FEMA, Suicide Organizations, etc.
- 5) Forms
 - OCCRO
 - Request for Critical Incident Debriefing
 - o Debriefing/Defusing Report
 - o PASS Report
 - o Follow-up phone interview
 - o Service Request Denial
 - Suggested materials/handouts for debriefing
 - o CISD Model
 - o 2 page handout educational/self-help
 - Other authorized handouts
 - OCCRO business cards

DETERMINATION

- 1) Appropriateness of CISD intervention
 - Users of CISD philosophy
 - Is consistent with CISD criteria
 - Nature of incident
 - o Crisis vs. grief
 - o Abnormal event vs. normal event
 - Community CISD vs. emergency responder CISD

<u>Traditional</u>: a critical incident is any abnormal event that has the power to cause emotional distress such as:

- Line of duty death
- Serious injury to emergency personnel
- Serious multiple casualty incident
- Suicide of colleague emergency, corporate and community settings
- Traumatic deaths
- Serious injuries
- Events with excessive media interest
- Observers of any traumatic event
- Natural disaster(s)

Are EAP services available?

- EAP should be utilized first
- If private entity, donations will be accepted but not solicited.
- All donations will be funneled through Homeland Security Contact.
- Do we have ability to respond within time frame?
- · Consider utilizing Rapid Response Team if necessary.

OPERATIONS

- ✓ Point to remember: Callouts can take on many forms, First Responders, Community, and may cover large, small groups and individuals.
- 1) On-Call Coordinator cannot become involved as a team leader, debriefer or participant.
- 2) Contact requesting agency and fill-out C.I.S.D. Request Form
 - Nature of incident
 - Number to be debriefed
 - Consider work shifts and schedules of involved personnel
 - Secure private, undisclosed location (room size and flexibility depending on number of personnel to be debriefed)
 - Suggest helpful amenities refreshments, tissue, etc.
 - Secure contact name(s) and number(s) from requesting agency
 - Try to ascertain any political or secondary agenda issues that may be affecting organization and/or debriefing process
 - Inquire about meeting place for P.A.S.S. upon CISD conclusion
- 3) Bringing the Team Together
 - If needed for immediate Defusing, utilize Rapid Response Team Roster
 - OR -
 - For Debriefing, Send mass email using most recent "Call Out List"

- Refer to OCCRO Member Roster re: disciplines to determine team from responding members
- Consult Board members, if needed for questions/assistance
- Request mutual aid
- Identify Team Leader and Team Members from responses
- Send email to all of OCCRO (Call Out List) stating Team has been formed and future contact will be made via team leader for confirmation as to team composition
- Send email to Team Leader with team info

TEAM LEADER

- Team Leader will make contact with each Team Member
- Team Leader will assign sections to members for debriefing/defusing
- Team Leader will confer with PASS Member for location and timing
- Team Leader will provide appropriate handouts to debriefing team
- Team Leader must complete <u>Debriefing/Defusing Report</u>, <u>P.A.S.S.</u> AND OCCRO <u>Follow-Up PHONE Interview</u> form (see <u>COMPLETION</u>)

COMPLETION

1) P.A.S.S.

- Additional team member uninvolved in debriefing process
- Timing
- Site considerations
- Rationale:
 - o To prevent vicarious traumatization
 - To prevent cumulative stress
 - o To prevent critical self-judgments of debriefers own performance
 - To improve CISD services
- Completion of PASS Report form by PASS Leader
- To be delivered to OC Homeland Security and the Quality Assurance
 - o Committee Chairperson
- 2) Completion of Debriefing/Defusing Report by Team Leader
 - To be delivered to OC Homeland Security and the Quality Assurance
 - o Committee Chairperson as shown at bottom of form
 - If secondary debriefing is conducted a second Debriefing/Defusing Form
 - o must be filled out by the Team Leader for that date
- 3) Following-up with requesting agency
 - Completion of OCCRO Services Follow-Up PHONE Interview form by Team Leader
 - To be delivered to OC Homeland Security and the Quality Assurance
 - Committee Chairperson as shown at bottom of form
- 4) Denial of Service:
 - To be completed when:
 - o A team has been formed and then called off for any reason.
 - The dynamics of a call that has been changed from the original request culminating with the dismissal of the request from the originator or OCCRO.